



CALMAR ELEMENTARY SCHOOL

DISCOVER, LEARN, SUCCEED, CELEBRATE

Bag 1059 Calmar, AB T0C 0V0 PH: (780) 985-2228 FAX: (780) 985-3986



Weekly CES Update - Friday Jan 17 /2025 / Ed #18

Note from the Principal

Reminder: Report Cards Are Coming Soon!

As we approach the end of the month, report cards will be issued for students at Calmar Elementary School. While report cards are a helpful tool for tracking progress, it's important to remember that ongoing communication with your child's teacher(s) is key to supporting their success. Regular contact ensures that you are staying informed about your child's development and any areas where additional support may be needed.

Thank you for partnering with us to ensure the best educational experience for your child!

Sincerely,

Stan Travnik

General Notes:

- New Student **Registration for the 25/26** school year opens on January 6th.
 - If you know anyone with a child who will be Kindergarten-aged next year (turning 5 before January 1st), please encourage them to [register](#).
- **REPORT CARDS** - Reminder
 - PowerSchool Parent Portal will be closed for parents viewing starting Wed Jan 8th.
 - What does this mean?
 - We are getting ready for our January Report Cards
 - Teachers are entering marks and comments into the report cards, and to do this, we need to shut down your viewing access while we work on them.
 - Parent Portals (REPORT CARDS) will be reopened for viewing on Tuesday, January 28th after 4:00 pm





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Important Dates:

- Girls Basketball Tournament - Fri/Sat Jan. 17/18 @ Corinthia Park
- PTA meeting - Tuesday, Jan. 21st @ 3:20
- Grades 4/5/6 Rabbit Hill Ski Trip - Tuesday, Jan.21st (All Day)
- Spirit day - Twin day - Friday, Jan. 24th
- Boys Basketball Tournament - Fri/Sat Jan. 24/25 @ West Haven
- PD Day (No School) - Wednesday, Jan.29th
- Spirit day - CES day - Wednesday, Feb. 4th
- School Council Meeting - Tuesday, February 18th at 3:20-4:30

The girls basketball team is excited to play in the year end wrap up tournament at Corinthia Park this weekend. Check out the schedule!

2	F	4:40	A	Leduc Estates	vs.	New Sarepta
3	F	5:20	B	East Elementary	vs.	Dansereau
4	F	6:00	B	Calmar	vs.	Warburg
5	F	6:40	A	Leduc Estates	vs.	Corinthia Park
6	F	7:20	A	Beau Meadow	vs.	New Sarepta
7	F	8:00	B	East Elementary	vs.	Warburg
8	S	9:00	B	Calmar	vs.	Dansereau
9	S	9:40	A	New Sarepta	vs.	Corinthia Park
10	S	10:20	B	East Elementary	vs.	Calmar
11	S	11:00	A	Beau Meadow	vs.	Leduc Estates
12	S	11:40 AM	B	Warburg	vs.	Dansereau
Semi-Finals						
13	S	12:25	X	1st in Pool A	vs.	2nd in Pool B
14	S	1:10	X	1st in Pool B	vs.	2nd in Pool A
Consolation Games						
16	S	1:50 PM	X	3rd in Pool A	vs.	3rd in Pool B
17	S	2:30	X	4th in Pool A	vs.	4th in Pool B
Bronze Medal Game						
16	S	3:15 PM	X	Loser of Game # 13	vs.	Loser of Game # 14
Gold Medal Game						
17	S	4:00 PM	X	Winner of Game # 13	vs.	Winner of Game # 14
				Pool A		Pool B
				Beau Meadow		East Elementary
				Leduc Estates		Calmar
				New Sarepta		Warburg
				Corinthia		Dansereau



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Community Events:

FREE MARCH 2025 ANXIETY SERIES

AT THE LEDUC PUBLIC LIBRARY



You are invited to the Leduc Public Library for Family Counselling Centres FREE March Anxiety Series, for children grades 3-6 and facilitated by Master's-Level Intern Therapist Laura Ellis. Sign up for individual workshops or all 4 throughout the month of March.

- March 6, 2025 5:30PM-6:30PM**
Understanding Anxiety for Kids
 This session will help children who are experiencing anxiety to identify their emotions, understand what anxiety feels like, and how anxiety can affect their daily life. Through stories, activities, and discussion you'll learn about yourself and begin to build confidence in expressing and understanding these challenging feelings.
- March 13, 2025 5:30PM-6:30PM**
Calm and Confident: Tools for Managing Anxiety
 Join us for a supportive and interactive session designed for children who are learning to manage anxiety. In this workshop, you'll discover some ways to help you feel calmer, like deep breathing exercises, muscle relaxation, and guided imagery. We'll practice these tools together and explore ways to identify, label, and cope with your feelings.
- March 20, 2025 5:30PM-6:30PM**
Social Anxiety and Navigating Peer Relationships
 Join us to explore what social anxiety is, what it feels like, how it can show up in places like school and with friends. This session will allow you to learn about social anxiety and explore some new tools and strategies to begin to manage those tricky feelings.
- March 27, 2025 5:30PM-6:30PM**
Understanding Anxiety: Building Resilience and Positive Thinking
 This session will allow kids to learn more about what anxiety is and how it affects their thoughts and feelings. We'll explore how anxious thoughts can sometimes make things seem scarier than they are, and practice ways to turn those thoughts around. Through fun activities, stories, and practical tools, kids will discover ways to build resilience and develop a more positive mindset.

REGISTER HERE






Family
Counselling Centres

780.612.8577 Ext 11
 intakes@familycounsellingcentres.com
 familycounsellingcentres.com



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HAPPY KIDS PRE-SCHOOL



PLAY AND LEARN!



ceschildcarehappykids@gmail.com



587 590 5560

Accepting registration for School Year
2025/2026 for children age 3 and up

Join our Preschool, Daycare or Before and
After School care

Located inside Calmar Elementary School





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After School Special

Mental Health: What's Nutrition Got To Do With It?

Wednesday, January 29th

3:30pm - 4:30pm

Join the Healthy Schools team in partnership with an AHS Public Health Dietitian for a free, virtual session that will explore the role of nutrition in supporting the work we do for our mental health. For more information click Register Here or use the QR code.



Alberta Health
Services

SCHOOLS.
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TOGETHER.CA



[Register Here!](#)



Check out our website at <https://ces.blackgold.ca/>