

HEARTS IN 

ACTION

SUMMER CAMP



2024 SUMMER PROGRAMS

For Children, Youth and Young Adults with Diverse Abilities

JULY 2 - AUGUST 23



READY, SET
EXPLORE!



What is AdaptAbilities?

JULY 2 - AUGUST 23

AdaptAbilities summer camps create amazing possibilities for a non-stop summer of fun! We nurture belonging, exploration, and fun, while providing a safe camp experience.

Our summer programs are designed for children, youth, and young adults with diverse abilities such as:

- Attention Deficit Hyperactivity Disorder (ADHD)
- Down Syndrome
- Autism
- Anxiety Disorder
- Cerebral Palsy
- Obsessive Compulsive Disorder (OCD)
- Tourette's Syndrome
- Other Needs



ADAPTABILITIES
MEANINGFUL DISABILITY PROGRAMS

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Summer Pledge

We believe in movement:
All activities are hands on, this is not school! HIA is a place to go outside, get messy, work in a group, ask questions, be safe, and have fun!

We believe in exploration:
We support campers in their curiosity to learn through new experiences in the community.

We believe in purposeful activities:
Whether we are using games, videos, slideshows, field trips, all of our activities have a purpose.

2024 Summer Programs

Ready, Set, Explore!
Join us in person all summer long.

No matter your age, we have something for everyone.



Our themed weekly programs will keep little campers entertained and having fun all summer long.



You pick the camp and we'll provide a dedicated AdaptAbilities support team member! Inclusion Camps encourage your child to explore their own interests to join any camp in the community. The camp nurtures belonging and friendships and builds on our vision of inclusion.



No parents allowed! Our teen camps create opportunities for fun, friendships, and personal development. Let's go on an adventure, together!



This is a fun place for young adults to cultivate their social and life skills in a safe and supported environment. Participants will enjoy goal-oriented and meaningful days together with the AdaptAbilities team.



Our adult program creates opportunities for community connection and social skill development. Our adult summer program is located at our Orange Hub, McKernan Centre and Millbourne Market Mall locations.

**Limited 1:1 spots in groups and additional spots may become available based on registrations.*

Camp Locations

Summer camp programs are held in community centres across Edmonton!



- Location availability is dependent on registration numbers
- Camp locations are confirmed at least one month in advance
- NEW! Leduc and Sherwood Park Camps for 2024!
- Not all age groups will be available in each area

Get to Know The Team

Cultivating a committed and accountable team is one of our core values. Our Community Specialists are specially trained team members who create safe and caring spaces for the individuals we work with.

The team establishes real and transparent relationships with our families as we work hard to execute meaningful and thoughtful programs.

All the Details

HOURS: 9am – 3 pm

BEFORE CARE*: 7:30am – 9am

AFTER CARE*: 3pm – 6pm

*Available for an additional fee. Parents can indicate which days they need before care or after care when registering.

New to AdaptAbilities?

You must complete an intake process before you can register for summer camps. Please click [here](#) to get started on our intake process or contact our office at **780-431-8446**.

Ready to Register? [Click here >](#)

Fees

- **A \$100 deposit** is required to secure your registration
- **Campers with a 3rd-party funding** agency (FSCD, PDD, etc.) can direct bill for camp costs
- **We require a pre-authorization** on a credit or debit card to pay for any fees not covered by FSCD/PDD funding
- **Campers without funding?** Contact us for more information about our bursary fund



Hearts in Action Camp Themes!

Join us for as many weeks as you'd like as each week we will incorporate new and exciting activities.

WEEK 1: JULY 2-5

Mission Impossible

TOP SECRET:

As an AdaptAbilities Secret Agent, your mission, if you choose to accept it, is to make this the best summer ever! Along the way you will acquire the skills of a Secret Agent by solving problems, maneuvering through obstacles, and accomplishing missions! No mission is impossible if you're the secret agent!



WEEK 2: JULY 8-12

Lost in Space

ASTRONAUTS ASSEMBLE!

Get ready to blast off into a week of camp that is out of this world! Camp Astronauts will learn about gravity, launch rocket ships, and create constellations. We will moonwalk across the planets and get lost exploring the Milky Way! Slip into your spacesuit and aboard the space shuttle as we blast off in 3...2...1!



WEEK 3: JULY 15-19

Wilderness Wonders

READY TO EXPLORE? Grab your binoculars, cameras, and compasses for this week's excursion! Campers will explore the diversity of wildlife all around us and all creatures of the Canadian wilderness. Campers will create habitats, learn survival techniques, and scavenge for all the hidden treasures Mother Nature has to offer!



Hearts in Action – Kid's Camp

WEEK 4: JULY 22-26

Game Changer

GAME ON! Board Games, Sport Games, Giant Games, Outdoor Games, and Games Shows – there's no limit to the level of fun! Campers will create and explore new games and work together to be the Game Changer Champion! Whether it's on a board or on a field, it's time to play!



WEEK 5: JULY 29 – AUG 2

Deep Sea Adventure



SNORKELS READY! Starfish, sharks, and all things fishy come out to play this week as campers dive deep into underwater to discoveries and legends. What mysterious marine life will we discover this week?

WEEK 6: AUG 6-9

Down to a Science

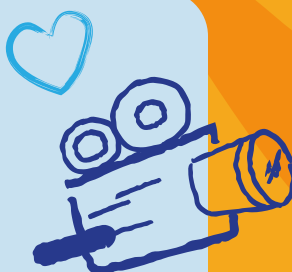
CHEMICAL REACTION? Density? States of matter? The world of science contains so many unanswered questions! Join this silly week of creation, observation, predictions, and solving! From slime and experiments to eruptions and explosions, get ready as Jr. Scientists will explore the mysteries of science through a variety of hands-on experiments!



Hearts in Action – Kid's Camp

WEEK 7: AUGUST 12-16

Imagination Station



LIMITLESS EXPLORATION!

Our Campers will embark upon a grand adventure where they can explore and create using the colours of their imagination through art, storytelling, theatre, and more! This is the place where pigs fly, cows jump over the moon and stories come to life! Let your imagination run wild!



WEEK 8: AUGUST 19-23

Camp Rewind



RESTART THE SUMMER! Our time machine is set to take us back to the beginning of summer! Hop on board and journey through time as we hit the rewind button to embark on an entire summer worth of adventure in one week and dream about next summer.



What to bring?

To ensure the MOST fun at camp, be sure to pack for the weather!

Don't forget:

- | | |
|---------------|-----------------------|
| ✓ HAT | ✓ MEDICATION(S) |
| ✓ WATERBOTTLE | ✓ SWIM GEAR |
| ✓ SUNSCREEN | ✓ JACKET |
| ✓ BUG SPRAY | ✓ PERSONAL CARE ITEMS |
| ✓ LUNCH | |



ALL CAMPERS
RECEIVE A FREE
T-SHIRT
& SWAG BAG!



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Register Now >



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Did You Know?

That **AdaptAbilities** offers year-round support for families! This includes after-school care, social nights, centre or in-home respite, high school transition, drop-in sensory gym and more.



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